



*Covenant Renewal
Ministries*

12 Steps to Achieving Ultimate Joy

1. Choose to rejoice: take action not by feeling but by choice. Practice joy. Phil 4:4
2. Refuse to be anxious, but trust God. Phil. 4:6
3. Refuse worry, which is simply a physical manifestation of doubt. Matt.6:25
4. Meditate on what is true, noble, just, pure, lovely, and of good report.
5. Choose kind words. Pleasant words are like a honeycomb, sweetness to soul and health to the bones. Prv 16:24
6. Be just in judgments. Prv 3:33
7. Have mercy on the poor. He who despises his neighbor sins; but he who has mercy on the poor, happy is he. Prv 14:21
8. Watch your speech. A man has joy by the answer of his mouth, and a word spoken in due season, how good it is! Prv 15:23
9. Seek righteousness. The light of the righteous rejoices, but the lamp of the wicked will be put out. Prv 13:9
- 10 Be a messenger of peace. Deceit is in the mind of those who plan evil, but those who counsel peace have joy. Prv 12:20
11. Seek wisdom. She is a tree of life to those who take hold of her and happy are all who retain her. Prv 3:18
12. Expect persecution. Blessed are those who are persecuted for righteousness sake, for theirs is the Kingdom of heaven. Matt 5:10



RCM Robin M. Bertram

Covenant Renewal Ministries

1527 Highbranch Way
Hillsborough NC 27278

1-919-732-9054

www.covenantrenewalministries.org

rmb-crm@nc.rr.com

